

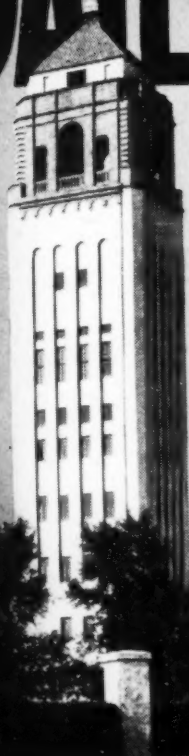
OCTOBER, 1942

15 CENTS

DAILY WORD

A
UNITY
Publication

FOR EACH NEW DAY... THE RIGHT
WORD FOR YOUR INSPIRATION



Class Thoughts

September 20 to October 19

Daily at 11 a. m. join us in this thought
for spiritual illumination:

I am one with the Spirit of truth, and I am
guided into all the Truth.

At high noon each day concentrate your attention
on this thought for prosperity:

I am filled to overflowing with the conscious-
ness of divine substance, and I demonstrate
financial abundance.

At 9 p. m. each night let us acknowledge the healing power
of Spirit with this prayer:

I am one with Almightyness, and the Spirit of
health fills both mind and body.

PRAYER FOR WORLD PEACE

Liberty, justice, righteousness, and peace are now estab-
lished throughout the world, in the name of Jesus Christ.

Silent Unity, the healing department of Unity School, is happy to
minister to every person desiring help through prayer. Address Silent
Unity, 917 Tracy, Kansas City, Mo. Compensation is by love offering.

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are familiar with Grade 1½. These gifts
are made possible by love offerings.

We also publish *Good Business*, *Prog-*

ress, *Wee Wisdom*, *Unity*, *Weekly Unity*,
and *Unity Sunday School Leaflet* at \$1 a
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DAILY WORD

Vol. 37

OCTOBER, 1942

No. 4

EDITED UNDER THE SUPERVISION OF SILENT UNITY



Stately and tall, as pictured on the cover of DAILY WORD, the Unity Campanile or Prayer Tower directs the traveler to Unity Farm near Kansas City. Even so this little magazine daily directs your steps to the sun-tipped heights in whose glory you behold yourself as a son of God; for such you are.

EVENING

ELIZABETH BARR HAAS

The hour of twilight tolls
One soft and lovely bell;
Blue shadows climb the slopes
From valleys where they dwell,
And silence falls like dew
Where elms keep sentinel.
I go to God within,
Who whispers, "All is well."

Assignment

BONNIE DAY

I said: "O gentle Master,
Where wouldst Thou have me go?
What stormy billows must I cross
My love for Thee to show?

"I wait my marching orders
What wouldst Thou have me do?
What perils must I face for Thee,
What lofty tasks pursue?

"What mighty deeds must I perform
In city or in town
To prove my love for Thee, and win
An everlasting crown?"

He said: "O lonely sentry,
Stand faithful at thy post;
In wisdom I have stationed thee
Just where I need thee most.

"Perform the simple task that lies
The nearest to your hand,
And prove your love and faithfulness
In service *where you stand.*"

In the Darkness the Bells Will Ring

ESTHER FRESHMAN



*In the darkness the bells will ring,
Cutting through the heavy cloth of night,
Pinning back the fabric with their silvery tones.
Look, man, the dawn again shall claim its right!*

As we look about us today it may seem that we are in the midst of a long night. All of us are eager for the dawn, the day that is to bring light to the souls of all men. Our constant prayer is for the dawning of this day.

Questions are coming deep from the heart. There are many who say: "How can one have faith and peace and love in one's heart when all about are disbelief, the horrors of war, and hatred running rampant? I try to believe, but it is difficult."

Out of wrong thinking, which can bring only wrong doing, man has indeed pulled around him havoc and chaos, a night that is without stars. But if man produces a consciousness that for the moment hides the stars, shall we therefore say that God has failed to put them in the sky?

Unto man God has given the gift of hope and, greater than hope, the gift of faith.

Remember even though you travel roads that are seemingly covered by night you will assuredly meet the dawn. The night is like a bridge to be crossed. Those who use their gift of faith will not cry out against the darkness, for they will know that the road inevitably leads to the safety and light of a new morning.

The man of courage will brave the night. In the darkness, in his aloneness, he will hear the clear call of his faith, like great bells pealing out, singing their promise of the finer day that is to come.

"But," say some, "we have had faith, but it is not enough. Nothing short of a miracle will help the world."

The miracle will come. Those who have eyes to see know that miracles are even now with us and occurring every moment. Change is a miracle. Growth is a miracle. Life, love, deliverance, and healing are miracles, and they are within the reach and the knowledge of every man.

God has given us all of Himself. He has given us His own being, His own power. We have the divine right to grow. We have the divine right to enjoy the privilege of change. More than that, we have the power of choice. Within each of us is an

unassailable citadel, a sanctuary, where all power, all beauty, all goodness, and abundance of love may dwell in perfect safety. Nothing and no person can touch it. What greater miracle can man ask?

God gave to Jesus the privilege of choice, the right of growth, the blessing of change, and Jesus used them in an exemplary way so that all mankind might learn from His experience. God has not done one thing less for any of us.

"Look, man, the dawn again shall claim its right!" Faith is a long prayer that braves the night, for it is sure of the dawn. Rabindranath Tagore, the great Indian poet and philosopher, has expressed this beautifully in his book "Fire-flies." He says: "Faith is the bird that feels the light and sings when the dawn is still dark."

You too must be like the bird who sings before the dawn breaks. In your heart you must so visualize the beautiful day that is to come that your being will be flooded with a song of great thankfulness. Where gratefulness and love dwell there is no room for fear. A loving heart that is filled with certainty can never fail. The power of God is everlasting; it cannot be consumed. Draw upon this power, and trust it implicitly.

God is the light, the light unfailing. Can you remember any night that has failed to blossom

into a new day? What more beautiful proof of His comradeship, His eternal watchfulness can you seek?

Tomorrow awaken before the light of morning caresses the earth. Look out into the darkness. Then stand alone quietly listening. Unless you are utterly isolated from trees and growing things you will soon hear a tiny chirp, then another and another. There will be trial notes, little trills, fragments of song. This is the "tuning up" time before the dawn. Our feathered friends are the heralds of the new day, and they prepare for it with care. As day begins, a great bird choir of joy and thankfulness blends with the splendor of the new dawn that unfolds before you.

Dark though the night may seem to be, every one of us should stand courageous, steadfast in faith, ever listening, our ears and our heart ready to welcome the message that is sure to come to us. In the darkness we shall come closer to God, and our united prayers will go forth to pierce the man-made mist so that the light of the new dawn may shine clearly for all the world to see.

*In the darkness the bells will ring,
Cutting through the heavy cloth of night,
Pinning back the fabric with their silvery tones.
Look, man, the dawn again shall claim its right!*

Blessed Am I

REBECCA ROUPE

- BLESSED** is my body, for it is a temple of the Lord Most High. I honor and respect my body, for in it dwells the Holy One, the Christ of God.
- BLESSED** is my mind, for into and through it flow the rich ideas of God. Through it I know the joy of His life, the power of His love, and the wonder of His creation.
- BLESSED** are the words of my mouth, for they are consecrated to messages of good cheer, love, and kindness. They are ambassadors of good will and peace.
- BLESSED** are my feet, for they carry me in paths of righteousness, joy, and justice. They walk on holy ground, loyal in the service of the Master.
- BLESSED** is my heart, for therein dwells patience, contentment, understanding, and loving-kindness.
- BLESSED** are my hands, for they minister willingly and efficiently. With a benediction they perform works that bless unknown friends in unknown places.
- BLESSED** are my ears, for they hear and heed the voice of God as it speaks both in my inner self and in the outer world of sound and harmony.
- BLESSED** are my eyes, for they are opened to see the beauty of life. They behold only perfection, and their vision is clear, their sight is keen.

BLESSED are my lungs, for they breathe the life-giving breath of Spirit.

BLESSED is my blood, for its purified stream nourishes and renews every cell in my body, making me strong, harmonious, and whole.

BLESSED am I, for I am radiant with the life and light of Spirit, unfettered and unbound, triumphant, glorious, splendid, and free!

All Things Are Yours

DELLA ADAMS LEITNER

I thank the Lord each day with trusting heart
For all the blessings of the common way;
For life and health and food and clothes to wear.
Then sometimes in the silence as I pray
My soul is borne above all earthly things
Into that realm of thought where I perceive
That God has fashioned from His own Spirit
Each good and perfect gift that I receive.

I see each blessing in a heavenly light:
My food God's word; my joy born of His praise;
My health His own perfection; my very life
One with His life, and all my ways His ways.
When from this exalted vision I return
I know that His Spirit alone endures;
And I can rest secure that my supply
Is safe in Him who said, "All things are yours."

OCTOBER 1

Thursday

TODAY I REJOICE IN LIVING UP TO THE BEST
THAT IS IN ME.

EACH NEW day that dawns is a challenge to my capacity for living. Each morning finds me ready to welcome all the tasks, the exigencies, the opportunities, and the blessings that the day may bring forth.

I do not shrink from life, but joyously face it with a zest that helps me to live fully, purposefully, and successfully. I seek to do my best and be my best always, not because of what others may think or say about me, but because the Spirit of God in me demands that I think and do and be my best.

I do not desire fame or praise or honor. I desire only to express God, to live righteously, and to fulfill His ultimate plan for my life. In measuring up to the standard of my highest self, I am reaching toward the perfection that Jesus Christ spoke of when He said, "Be perfect, as your heavenly Father is perfect." Eventually I shall stand with Him in that perfection. Day by day I endeavor to live up to the best that is in me.

✿ *When that which is perfect is come, that which is in part shall be done away.*—I COR. 13:10.

THE STEADFAST FAITH OF JESUS CHRIST IS ESTABLISHED IN ME.

THERE IS no changeableness in the steadfast Spirit of the Christ. It is the same yesterday, today, and forever; the same in faith, the same in love, the same in service, the same in healing, forgiving, harmonizing power.

The steadfast faith of Jesus Christ established by His Spirit within you guarantees your eternal good. Looking steadily to Him for strength, peace, inspiration, power, or whatever good you desire, you cannot be swayed from your purpose of demonstrating the good.

Even though earth should fall away you can stand firmly established in the faith of Jesus Christ, unshaken, undaunted, unharmed. His is an unfailing faith, a tried and tested faith, a restorative faith that always brings good to pass. Looking steadfastly to Him, hold fast to your vision of a redeemed world, to your ideals of wholeness, peace, harmony, and abundance for all. Christ in the midst of you will enable you to call them forth.

✿ *We are become partakers of Christ, if we hold . . . our confidence firm unto the end.*—HEB. 3:14.

I AM SAFE, SURROUNDED BY THE PROTECTING
MANTLE OF SPIRIT.

GOD'S SPIRIT is everywhere. There is no limit of time or space to this presence. The Father is omniscient, omnipresent, omnipotent. He is always with me, and this knowledge brings me peace and strength.

I am surrounded by the protecting folds of God's mantle. Wherever I go I am safe. No harm can come to me. Force and violence have no power against the enveloping protection of Spirit. They are turned aside as grass in the wind. Their brutality is wasted against His presence of peace.

In the presence of God's Spirit I am strengthened. My courage is a living thing, for I know that the Father is with me, guiding, guarding, and protecting me from all harm. In the knowledge that God's strengthening hand is on my arm, His all-infolding presence around me, I can accomplish any task that is given me. Surrounded by the protecting mantle of Spirit, I am safe.

☛ *Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou art with me; thy rod and thy staff they comfort me.—PSALMS 23:4 (A. V.).*

Sunday

OCTOBER 4

TODAY I THANK GOD FOR THE PRIVILEGE
OF PRAYER.

“P RAYER is not a conquering of God's reluctance, but a laying hold of God's willingness,” said Phillips Brooks. God is more willing to give than man is to receive.

An awareness of God as our loving Father precludes the idea of supplicatory prayer. True prayer is communion of man and God, a complete merging of the human spirit with the divine. In the true Father-son relationship man is endowed with intense spiritual power when he prays, and he becomes a radiating center through which God gives Himself and His infinite good to the world.

Even though Jesus Christ was always aware of His sonship to God, His working life pivoted on prayer. If He felt the need of continual comradeship with and renewal in God, how much more necessary it is to us! Every time we pray or say “Our Father,” let us rejoice in the privilege of prayer and give thanks for the communion that keeps us ever close to Him.

☛ *Seek me daily, and delight to know my ways.*—ISA. 58:2.

OCTOBER 5

Monday

I AM ALWAYS IN MY RIGHT PLACE, DOING
GOD'S APPOINTED WORK.

EVEN though I am one person working with many, I know that I have a definite place to fill in God's busy world. Even though my work may seem trivial, I know that it is important to the fulfillment of the whole creative plan of Being.

I am always in my right place, doing the work that God has appointed me to do. I love my fellow workers and co-operate with them joyfully and willingly. All my work is done in a spirit of thankfulness for the privilege of being a co-creator with God.

I do not work alone, but God works through me. Every task that seems hard to my human mind is easy for God. He inspires me in all that I do, and my work is a joyous tribute to His inspiration and help. God in me has unlimited strength and ability, and He works gladly, unceasingly, and untiringly. God working through me renders satisfaction and perfect service, and His blessing of prosperity and success crowns all my activity.

• *Whatsoever thy hand findeth to do, do it with thy might.*—ECCLES. 9:10.

Tuesday

OCTOBER 6

I FACE LIFE CALMLY AND RESOLUTELY, FOR
I AM CENTERED AND POISED IN CHRIST.

WHEN YOUR thoughts are truly kept centered in Christ you can remain calm and poised in any situation that arises in your life. Chaotic conditions in the outer world tend to cause chaos in the mortal mind, and this results in a lack of poise and balance in times of stress.

You can master any situation that may come into your life if you will turn within to the secret place of stillness at the heart of your being. You will find unlimited strength and calmness there with which to face any seeming danger, to alleviate any inharmony.

In Jesus' life here on earth He met many dangers and trials, and overcame them all, even to the final overcoming. He was able to do this through His spiritual understanding and His ability steadfastly to turn within to His Christ source of strength and poise. You can follow in His footsteps by realizing your oneness with Christ in you.

☛ *Thou wilt keep him in perfect peace, whose mind is stayed on thee; because he trusteth in thee.*—ISA. 26:3.

OCTOBER 7

Wednesday

I OPEN MY HEART GLADLY TO RECEIVE THE
BLESSINGS OF GOD.

GOD WILL not force my good upon me. Although He has made all good available to me (and to all men), I can enjoy only the good I receive. The fledgling in his nest has an ancient wisdom: when he is hungry he opens his mouth for the food he knows will come. From him I can learn much about receptivity.

If I lack health, supply, happiness, or any other good thing this is not evidence of a shortage in the divine supply; it only proves my lack of receptivity. In order to receive freely from God I must take my attention off the unreality of lack and place it on the reality of God's abundance.

When I have said, "Father God, give me this good," I will be quiet and consciously keep my mind open to ideas productive of the desired good. Spirit may prompt me to adopt some new course of action, or to cease some old course of action. I will welcome such promptings and execute them with the enthusiasm of one who awaits the gifts of the Spirit of love. I accept my good.

✱ *Already are ye filled, already ye are become rich.*
—I COR. 4:8.

Keep Your Heart High

ROLAND G. R. REXROTH

IT TAKES courage of a high order to be able to stand steadfast when all about us there is fear, discord, and unrest. It is easy to give way to panic; it takes real strength of spirit and unfaltering determination to "be not overcome of evil, but overcome evil with good."

If those about us are fearful and complaining, what are we doing? Are we joining them in their lamentations? Or are we keeping our chin up, our heart high, and our faith steady?

In times of crisis all of us long for the security of calmer days, when men shall live in harmony and friendship and at peace with one another. Peace and security are the free gifts of God to those who believe unfalteringly in Him, who express His love unfailingly in every thought, word, and deed, and who know that out of every appearance of "evil" good must and will come.

God is here. God is with us. God gives us faith, courage, and wisdom. God is in all and above all and through all.

God is our strength. God is the mighty Spirit that sustains and upholds His world. God is justice and mercy. God is love. God is peace.

OCTOBER 8

Thursday

THE PROTECTING PRESENCE OF GOD NOW INFOLDS ME.

THE PRESENCE and power of God is everywhere equally active. Each day I tune in to this power in the realization that I am one with God and that He will guide, inspire, and protect me wherever I am or whatever I am doing. My mind is stayed on Him, and I am receptive to His guidance and protection. He is constantly with me as the perfect fulfillment of my every righteous desire. Even though the storm may rage about me, I rest secure in the knowledge of His presence. He will keep me calm, He will give me divine guidance and courage.

I am at peace as I rest secure in the consciousness of His omnipresence. As I pray I feel His presence infolding me in arms of love, protecting me, and making me a channel for the expression of His goodness on earth. In the realization of His divine protection I am fearless, I am courageous in every experience that comes into my life. God is my life, my light, and my divine protector.

* *Though I walk in the midst of trouble, thou wilt revive me: thou shalt stretch forth thine hand . . . and thy right hand shall save me.*—PSALMS 138:7 (A. V.).

Friday

OCTOBER 9

I BEHOLD AND SALUTE THE CHRIST SPIRIT
IN ALL MEN.

IN THE consciousness that all men are children of the same Father, I learn to see His Spirit dwelling in and operating through all. I learn to love every person for what he or she is in Truth, a perfect child of God. I cannot believe in the omniscience and omnipotence of God and at the same time believe that His creation, man, is imperfect in any way. The appearance of man's shortcomings is due to his own limited idea of himself.

God sent His Son, Jesus Christ, into the world to show us what we are in spiritual essence and what we are in the process of becoming. I seek to express the Christ Spirit in myself and to behold His Spirit in others. Regardless of outer appearances I know that every man is somewhere on the way to the attainment of his Christ perfection. I do not think of how far he has yet to go, but rejoice with him in the distance he has already come. I behold and salute the Christ Spirit in all my fellow beings.

✿ *Now ye are the . . . Christ.*—I COR. 12:17.

OCTOBER 10

Saturday

THE CHRIST SPIRIT IN ME IS A WELLSPRING
OF LIFE.

HOW GLORIOUS is the surge of new strength and vigor that accompanies our realization that Christ within us is eternal life and buoyant energy. It is good to know that we need not depend upon limited human strength, but that we have within us the spiritual source of life itself. We are the individual manifestation of that universal power which Jesus Christ so beautifully demonstrated.

The Christ life ever renews, revitalizes, sustains, and strengthens us. It is an ever-flowing, inexhaustible spring of living water that cleanses, heals, and rejuvenates our body. It is a mighty power, adequate to meet every sudden need or unusual demand, a never-failing source of steady, patient strength.

Even as we take comfort in the knowledge that we can always turn to God in prayer, so do we take joy in the knowledge that we can always call upon the reserve of God life within us. Looking to the Christ, we are renewed and healed.

✿ *Understanding is a wellspring of life unto him that bath it.*—PROV. 16:22.

I AM TRANQUIL IN HEART.

WITHIN your heart you are ever tranquil, for tranquillity is an inherent quality forever established in the depths of your being by God the Father. At this inner center of stillness, of quietness of spirit, you are always tranquil, and in this tranquillity is healing for mind, soul, and body. There with the inner ear you hear the counsel of the Father. You hear His word of health, guidance, uplift, encouragement, love, and faith.

You are tranquil in heart. God has willed it to be so, and by His Spirit within you this inner retreat is guarded. The vastness, the power, the glory of all heaven and earth await you there. Do you feel the need of rest and renewal? Do you long for the freedom and beauty of the great out-of-doors? Do you yearn for the strength of the mountains, the plains, the woodlands, and the restful pasturelands? These desires are but the call of God's spirit of tranquillity to you, and they will be satisfied as you turn frequently to His inner presence and kingdom.

✿ *A tranquil heart is the life of the flesh.*—PROV. 14:30.

OCTOBER 12

Monday

I CONSTANTLY REJOICE IN THINE OMNIS-
CIENCE, O GOD.

IN THINE omniscient mind, O Father, there is no confusion, no doubt, no hesitation, no inaccurate thinking, no darkness of any kind. Let my mind be ever attuned to Thy wisdom so that I may be keen, alert, and quick to do Thy bidding. Let Thy light and inspiration flood my mind, leading me eternally onward in paths of peace and plenty, in ways of service and blessing.

Help me, O Father, to be always wise enough to forgo hatred, unforgiveness, or any hardness of heart toward my brothers. Only Thy wisdom can discern the true from the false in them; only Thy light shining upon them through me can bring them also into the circle of Thy brightness. Let me be so filled with Thy radiance that everyone whose path crosses mine may receive inspiration sufficient to bring him at last to the realization of Thy light glowing within him also.

Shed Thy light through me, O Father, to all the dark corners of the world, that Thy children everywhere may know Thee as Thou art.

✱ *Ye are all sons of light.*—I THESS. 5:5.

Tuesday

OCTOBER 13

I BEHOLD GOD ABOVE, AROUND, BENEATH, AND WITHIN ME. I ABIDE IN A CONSCIOUSNESS OF HARMONY, CONFIDENCE, AND PEACE.

WHEN we behold God's presence within and about us we change our world from what seems to be a world of inharmony, doubt, and fear to a world of love, faith, happiness, and contentment. Since God is part of all His creation, we know that His presence abides not only in us but also in our environment, our surroundings, the circumstances of our life.

Knowledge of God's presence within and all about us changes our entire outlook. We see ourselves and our world through His eyes of love. We see a good and friendly people. We no longer behold disorder and inharmony, but we see His love and peace present in the mind and heart of every man, His justice active in all situations.

When we behold God's presence in us and in our world, the darkness of fear disappears, and we rest in the assurance of overshadowing love and safety, victorious courage, and peace.

♣ *The righteous shall give thanks unto thy name: the upright shall dwell in thy presence.—PSALMS 140:13 (A. V.).*

OCTOBER 14

Wednesday

DAY BY DAY I AM GROWING INTO THE
PERFECTION OF CHRIST.

THE PATTERN of the mature plant is inherent in the seed. The pattern of perfection is inherent in every individual. It is the pattern of the Christ, the spiritual man. Just as the principle of life in the seed urges it to grow, so the Christ Spirit in man urges him to grow until he has attained Christlike perfection.

The seed does not become the plant until it grows. Neither does anyone become like Christ until he grows in the consciousness of his Christlikeness and claims his divine sonship to the Father. Prayer, obedience to the laws of God, and righteous living are all necessary to the attainment of the Christ character.

Jesus was the first man to be called the Christ. He earned this right because He was always true to the Christ principle within Him. In seeking to "put on Christ" I consecrate my life daily to the purpose of expressing love, kindness, and mercy toward all, to serving others wherever possible, and to living a holy and joyous life.

✿ *Put ye on the Lord Jesus Christ.*—ROM. 13:14.

God the Refuge of



PAUL'S PHOTO

hugi of His People

God is our refuge and strength,
A very present help in trouble.
Therefore will we not fear,
 though the earth do change,
And though the mountains be shaken
 into the heart of the seas;
Though the waters thereof roar
 and be troubled,
Though the mountains tremble
 with the swelling thereof. . . .
Come, behold the works of Jehovah . . .
He maketh wars to cease unto the end
 of the earth;
He breaketh the bow, and cutteth
 the spear in sunder;
He burneth the chariots in the fire.
Be still, and know that I am God:
I will be exalted among the nations,
 I will be exalted in the earth.
Jehovah of hosts is with us;
 The God of Jacob is our refuge.

—*Psalms 46.*

Thursday

OCTOBER 15

I REJOICE IN MY ETERNAL ONENESS WITH
GOD, MY FATHER.

EVERY man is an individualized expression of the one Father, God, and is perfect, whole, and complete in Spirit. Only the thought of separation from God robs man of this realization and his divine heritage of good.

We are not true to God when we forget our divine identity. The thought that we are creatures apart from God is responsible for the limited, unsatisfactory expression of our life, the illness, poverty, discord, and unhappiness we experience. We are true to God only as we identify ourselves wholly with Him and express the fullness of life, love, wisdom, joy, and supply. Regardless of where we are or what circumstances we have to meet, we can be true to God by remembering that He is our Father, and that no part of creation is ever separated from its source.

I shall remind myself often that "I and the Father are one," and I shall rejoice in my eternal oneness with Him.

✿ *He that sent me is with me; he hath not left me alone.*—JOHN 8:29.

OCTOBER 16

Friday

I AM CONSCIOUS AT ALL TIMES OF GOD'S LOVE SURROUNDING AND INFOLDING ME AND KEEPING ME SAFE AND SECURE.

IT is good at all times to have an awareness of God's all-infolding love. But especially in times of need the knowledge that we can never go beyond the boundary of His love brings joy and peace to the heart. What a source of comfort it is to know that His love upholds, protects, strengthens, and sustains us through any seeming trials.

Have you felt alone or afraid, cut off from the love of God and man? Then still your troubled thoughts and let the consciousness of His love pervade your mind and heart. Are you separated physically from your dear ones? Acknowledge then that in the infinite bond of divine love you are one with all you hold dear. There is no real separation in Spirit, for you and your loved ones are held close in God's love. His love surrounds and infolds you and yours and brings you perfect peace.

☛ *He that keepeth thee will not slumber. Behold, he that keepeth Israel shall neither slumber nor sleep. The LORD is thy keeper.*—PSALMS 121:3, 4, 5 (A. V.).

Saturday

OCTOBER 17

MY EARS ARE ATTUNED TO THE INNER HARMONY.

I KNOW that God is the universal Spirit of harmony, and all men are the offspring of this Spirit. Beneath the clatter of worldly affairs the smooth tenor of God's plan for men prevails: His spirit in them will triumph, and they will learn to sing a new song of brotherhood and peace.

Through Christ in me I live in tune with the harmony of Divine Mind. Thus I not only achieve my own inner peace and poise but I also help build for the universal peace. My mind is alert to the harmony of God's voice within. My ears are tuned to words of courage and strength, unmindful of the inharmonies of fear and dismay. Above the harsh notes of human discord I hear the music of the Christian centuries: "Glory to God in the highest, and on earth peace, good will toward men." I have faith that the spirit of this message is even now being established, and that God's harmony, which pervades the universe, will eventually be heard by men everywhere.

✿ *They sing . . . a new song before the throne.*—REV. 14:3.

OCTOBER 18

Sunday

I THANK THEE, FATHER, THAT THOU ART
ALWAYS WITH ME.

I THANK Thee, Almighty Spirit, that Thou art omnipresent and eternal, that Thou art universal principle guiding the spheres. I thank Thee too that Thou art my Father-Mother, a comforting presence and a personal Saviour. Thou art my Christ self, and I am the personification of Thee.

I thank Thee, Father, that Thou art with me as strength and vibrant, free-flowing energy. When my mind calls upon Thee, my body responds to Thy life and perfection.

I thank Thee, Father, that Thou art with me as wisdom. The light of Thy divine intelligence dissolves all mental darkness and answers my daily questionings wisely and well.

I thank Thee, Father, that Thou art with me as unlimited substance. Thy love has provided abundantly for my welfare, and I am led always to the right channels of material supply.

I thank Thee, Father, that Thou art with me as an abiding presence of peace.

♣ *Lo, I am with you always.*—MATT. 28:20.

Monday

OCTOBER 19

WITH ASSURANCE I MEET THE EVENTS OF THE DAY, FOR I KNOW THAT GOD IS WITH ME.

WITH assurance born of your faith in God you meet the events of the day. You know that He has given you His Spirit to direct and uphold you in every undertaking. Therefore you do not lack confidence if you are called upon to consult with others, meet strangers, go into new surroundings, or undertake new work.

Assurance born of faith in God gives others with whom you work greater confidence also. The spirit of fear, unwilling or grudging obedience, painful self-consciousness, or sense of inability gives way before the divine spirit of assurance now quickened in you. You stand, you walk, you work and live an upright, joyous, and successful life in the presence of God. Your life, your services, and your helpful assurance impart joy and confidence to all whom you meet.

In blessed assurance that God is working with you and for you you succeed in all that you do.

✿ *Our gospel came not unto you in word only, but also in power, and in the Holy Spirit, and in much assurance.*
—I THESS. 1:5.

I Dwell Securely

R. H. GRENVILLE

IN THE knowledge of my sonship I dwell securely.

For has not the Father promised to be ever with me?

In the uttermost depths of the sea, in the watchful dark, in the lonely fields and the crowded places He is with me. The wings of His love are my shield and my protection. The oil of His love calms the waters, and the light of His love is an illumination.

There is strength in my heart and wings on my feet so that I can go surely. There is peace and knowing so that I need not be afraid. There is vision so that I can perceive from everlasting unto everlasting how great is He that made me and how the power of His word is my inheritance.

For has He not promised that "they shall be secure in their land," that "they shall no more be a prey to the nations" but "they shall dwell securely, and none shall make them afraid"?

I dwell securely, and none shall make me afraid. For there is that within me which is beyond what the world knows. There is strength surpassing their strength and understanding of things they know not. My eyes are opened to the truths of God, and I see how transient are the things of darkness.

In the circle of His love, in the light of His wisdom, in the power of His protection I dwell securely.

Class Thoughts _____

TO BE USED FROM

October 20 to November 19

The class thoughts on this page are composed by Charles Fillmore for the purpose of providing central ideas upon which Truth students everywhere may concentrate during the month. You are invited to use them with Silent Unity not only at the hours specified but whenever you have opportunity. We also urge you to join us constantly in the prayer for world peace.



At 11 a. m. use this thought for

ILLUMINATION . . . *Wisdom lights her lamp in me and I see the Truth.*

At 12 noon use this thought for

PROSPERITY . . . *Thou art the source of my rich substance, and plenty looms omnipotent.*

At 9 p. m. use this thought for

HEALING . . . *I am one perfect, harmonious life, substance, and intelligence, and my health is outstanding.*

Use this prayer for world peace:

PEACE . . . *Liberty, justice, righteousness, and peace are now established throughout the world, in the name of Jesus Christ.*

OCTOBER 20

Tuesday

WISDOM LIGHTS HER LAMP IN ME AND I
SEE THE TRUTH.

OUR PRAYER for today is a poetic description of the process by which we apprehend divine Truth. Truth is always at hand for us to perceive and to use, but until it is lighted and illumined by the divine Spirit of wisdom in us, we perceive it but dimly.

God has placed within each one of us the deathless fire of His eternal Spirit, the wisdom that is above all human wisdom. He has given us wisdom so that we may understand and demonstrate the Truth of Being, namely that we are potentially all that He is. Until our human understanding is transformed by Spirit light into divine understanding, we wander aimlessly about, developing our spiritual self to a very limited degree.

Let us now become receptive to wisdom. Let us awaken to the activity of the Spirit of wisdom in us, now lighting her lamp so that we may perceive and henceforth see the truth of God that is continually unfolding in our life.

*Thou art my lamp, O Jehovah;
And Jehovah will lighten my darkness.*
—II SAM. 22:29.

Wednesday

OCTOBER 21

THOU ART THE SOURCE OF MY RICH SUBSTANCE, AND PLENTY LOOMS OMNIPOTENT.

IN HIS book *Prosperity* Charles Fillmore says: "God is the source of a mighty stream of substance, and you are a tributary of that stream, a channel of expression. . . . The more conscious you become of the presence of the living substance the more it will manifest itself for you and the richer will be the common good of all."

Substance comes into manifestation for us according as we lay hold of it and shape it with our faith. It may become manifest for us in the form of money, goods, or other material possession, or it may become manifest in the form of increased joy, satisfaction, and peace. No matter what form it may take, it is the ever-present bounty of God, the substance that is never depleted.

Let us have faith in the truth that God is the source of our rich substance. Let us now see substance filling our whole world with plenty, plenty of love, plenty of life, plenty of money, plenty of joy, plenty of peace, plenty of success.

☛ *Behold, my servants shall eat . . . behold, my servants shall drink . . . my servants shall rejoice.*—ISA. 65:13.

Thursday

OCTOBER 22

I AM ONE PERFECT, HARMONIOUS LIFE,
SUBSTANCE, AND INTELLIGENCE, AND MY
HEALTH IS OUTSTANDING.

GOD's life in us is perfect, harmonious life that is expressed through His divine substance, from which our body is formed, and His divine intelligence, which animates and energizes it. The life, substance, and intelligence of God is the essence of our being.

Health may appear to be the logical result of good living conditions, proper diet, and attentive care of the body. While all these things are helpful and are conducive to good health, our health is outstanding only when we are positive in mind and spirit and free from hate, resentment, or any other kind of negative mental state. When we give our attention first and foremost to the life, substance, and intelligence of God, we are shown what we must do in an outer way to make our health outstanding. According as we truly realize our unity with perfect, harmonious life, substance, and intelligence we then demonstrate health.

✽ *The living Father sent me, and I live because of the Father.*—JOHN 6:57.

Friday

OCTOBER 23

THE JOY OF CHRIST EXPRESSED IN ME NOW
LIFTS ME ABOVE ALL SORROW AND DEPRES-
SION, AND I HEARTILY REJOICE.

REJOICE today in all your blessings. Express your joy for all the good that has come to you. Be joyful because you know the Truth. Be happy because you have found the joy of Christ. Today see in how many ways you can rejoice. Let no opportunity for rejoicing escape you. Let the joy of Christ be expressed in you toward all people and all experiences. Let joy be your keynote in all circumstances.

Do not look to things of the world for your joy and happiness, for you will find they have no power to bring these blessings to you, nor do they have power to take them from you. As you turn to Christ, the source of true joy, you will not be saddened if things of the world are taken away.

Find some new thing today for which to be joyful, some new experience for which to be happy. Remember you can express joy, order, and happiness regardless of conditions.

✿ *That my joy may be in you, and that your joy may be made full.*—JOHN 15:11.

OCTOBER 24

Saturday

I AM POISED IN THE CONSCIOUSNESS OF MY
CHRIST DOMINION AND MASTERY.

JOYOUSLY I accept the legacy of spiritual power left me by the risen Christ. I am a steward of Divine Mind. The Spirit of God within me is a directive intelligence through which I have dominion over every circumstance in my life. I am a channel for the expression of God power, and I know that power to be greater than any seeming chaos or adversity.

When my human self is disturbed by external conditions, when my sense of inner security and peace is challenged, I turn quietly to God and know that I am one with Almightyness. I remember that God is my strong tower of defense. His wisdom and authority are mine. As Jesus exercised the dominion of the Christ, so also I can be the living expression of Christ power and mastery.

I am confident and serene, poised in the truth that my Christ self commands every situation and rules my world.

*Thou makest him to have dominion over the works
of thy hands;
Thou hast put all things under his feet.*

—PSALMS 8:6.

Sunday

OCTOBER 25

I AM GRATEFUL FOR THE ABIDING PRESENCE
OF GOD MY FATHER.

THESE are times when no one knows what tomorrow will bring. But this I know with calm assurance: wherever I go, an invisible presence surrounds and protects me; whatever I do, I shall be guided by the wise and gentle hand of God my Father. I shall never be alone, for God is within and about me. His light goes before me to illumine my way. His love abides with me as a deep sense of inner peace and security. His strength upholds me so that I live each day victoriously.

God is everywhere equally present. How then can I stray beyond the protection of His Spirit? How can there arise any circumstance that is not readily adjusted by the one divine power, of which I am an intelligent unit? I know that the same power that surrounds me also guides and protects my dear ones, and I intrust them lovingly to the Father's care.

Through prayer and meditation I keep my mind poised and centered in God.

✿ *I am in the Father, and the Father in me.*—JOHN 14:11.

OCTOBER 26

Monday

TODAY I AM ABOUT MY FATHER'S BUSINESS.

ANYTHING that concerns the good of any of His children is the Father's business, and it is only through the thoughts, words, and deeds of Christian men and women that He can transact His "business."

Realizing my duty to my Father and to my fellow beings, I am about His business today. Through me He gives new life and health to the sick, joy and comfort to the bereaved, peace and happiness to the unsatisfied, prosperity and success to the needy, hope and courage to the disheartened, and spiritual food to the hungry of soul. In my prayers I am knowing and affirming for myself and others all the blessings necessary to a rich life of health, happiness, and plenty.

God's business is to establish peace and order in the midst of a chaotic world. Today I am a channel through which infinite peace flows in a glad, swift stream to bless mankind. Today I can joyfully proclaim with Jesus, "I am about my Father's business."

♣ *The works that I do in my Father's name, these bear witness of me.*—JOHN 10:25.

THROUGH CHRIST IN ME I HAVE INVINCIBLE
STRENGTH AND INDOMITABLE COURAGE.

THERE are many records of great deeds of valor performed both in everyday life and on the field of battle. Men and women have risen above themselves; for a short space of time they have let their Christ self take complete control, and they have performed seemingly miraculous feats.

Regardless of what the experience before you may be, through Christ in you you also can meet it courageously. When a crisis comes, whether it be in business, in some phase of your everyday life, or on the field of combat, you will be blessed with the wisdom and courage that will enable you to cope with the situation successfully.

Every experience that comes to you, no matter how arduous it may seem to be, is an opportunity for you to make use of the Christ strength, wisdom, and ability within you, and thus an opportunity for you to grow spiritually. Keep your mind stayed on God, and you will quicken the Christ power within you.

✿ *Be strong and of good courage.*—JOSH. 1:9.

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Meditation for Peace

REBA PAXTON

IN THE stillness of prayer I now open my being to the inflow and benediction of God's holy presence. Silently, gently I release myself from all thought of what the day has brought or yet holds in store for me and those dear to me. Joyfully I turn in thought from the outer and seek the blessed quietness and renewal of the mighty Comforter.

I feel within my heart a peace that is wonderfully akin to the peace in the great heart of God. The light of peace is aglow within me, and I acknowledge its redeeming power. The harmony of peace is active within me, renewing my mind, rebuilding my body in divine order, giving me poise, patience, strength, and courage, and adjusting all my affairs.

I acknowledge the peace of God's love living within me now. I recognize its power to heal, to soothe, to set me free from all disturbances, to fill me with the joy of life. I praise the Spirit of divine love within me and feel the healing surge of life freely flowing into every cell and organ of my body. I am released from all that was tense or

fearful within me. I relax and know that all is well.

I know that God's healing love refreshes me. I know that His redeeming power eases every situation in my life and affairs just as it eases the cares of my mind, the anxieties of my heart. The transforming power of His love blesses my environment, my work, my associations with others, and governs every activity of my life.

If there has been aught that caused me distress, I now, relinquish the memory of it and ask the Father's blessing upon it. I hold no grudges, no resentments, no fears. I know only that God's love overflows within my heart. I know only that God's peace swells about me like a mighty ocean on whose waves refreshing breezes play. I know that His presence infolds my loved ones wherever they are, gives them peace and courage, and guides, guards, and blesses them momentarily.

God is here. I can feel His presence. It comforts and inspires me. Joy sparkles within me. Within me is the faith to try, the strength to do, and the will to accomplish. God's wisdom is in my mind, His love is in my heart, His life is in my body, His peace and joy surround me.

God sustains, protects, and upholds me. I feel refreshed. I am renewed. God walks with me. I am at peace.

OCTOBER 28

Wednesday

I AM SECURE IN THE KNOWLEDGE THAT I CAN NEVER BE SEPARATED FROM MY GOOD.

Now is the time to pause and think about the truth of this statement; for it is true, in spite of changing conditions in the world today and in spite of apparent insecurity. Now is the time to think of these conditions as a challenge to you to prove the Truth that you know, the Truth that God is sufficient unto your every need.

One truth is that in spite of changing outer conditions, God is unchanging and in Him is security. Another is that when you trust the unchangeableness of God and His power to bless, there can be no lack of supply for you and no obstacle can come between you and your good. Even though one door may close before you, you may be sure God knows your need even before you ask, and right now another door is swinging wide before you. You are in partnership with God, and He will bring you into new blessings.

✿ *Be not anxious for your life, what ye shall eat, or what ye shall drink; nor yet for your body, what ye shall put on. . . . for your heavenly Father knoweth that ye have need of all these things.*—MATT. 6:25, 32.

Thursday

OCTOBER 29

THE PEACE OF GOD IS NOW ESTABLISHED IN
THE HEAVENS AND IN THE EARTH.

ALTHOUGH to all outward appearances the forces of destruction are rampant in the world, yet we can know that the peace of God is already established. God is unchanging good, and His peace is also eternal and unchanging. It only remains for each of us to claim our oneness with God and His peace. When we do this, the storm may rage, and the winds may blow, but we shall be infolded in His love, protected by His Spirit, guided by divine wisdom into ways of peace, justice, righteousness, and Truth.

Men may pit their will against men, nations may rise and fall, but the will of God and the goodness of His kingdom shall prevail. It is in this realization that we seek to raise our consciousness to the Christ consciousness of peace and love. Each of us who stands fast in the realization that God's perfect peace is established in the kingdom of heaven, is helping to raise the consciousness of others and thereby helping to bring forth God's peace on earth, as it is in heaven.

✿ *Let the peace of God rule in your hearts.*—COL. 3:15 (A. V.).

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COL. 3:15

OCTOBER 30

Friday

I CAN DO ALL THINGS THROUGH CHRIST
WITHIN ME.

THE THINGS Jesus did were accomplished through His quickened awareness of the Father's presence within Him. The power He wielded was not a personal power, but a right use of that universal omnipresent power which is mine today for the claiming. I know that every obstacle in my path is but a challenge to me to rise out of the narrow confines of my personal limitations into a consciousness of my divinity, my heritage through Christ.

The very thought of God's presence, of the Christ within me, gives me new strength and courage, for I know that to Him all things are possible. As I perceive the unlimited capacities of my Christ self, I am filled with the wisdom to solve every problem, the power to rise above all limitation, the dynamic energy to accomplish my tasks with ease and efficiency. Because God is with me, no power can prevail against me. I am undaunted and unafraid, triumphant through the Christ in me. I meet each day with confidence.

✿ *I can do all things in him that strengtheneth me.*
—PHIL. 4:13.

Saturday

OCTOBER 31

GOD AS LIFE PURIFIES, REPLENISHES, AND STRENGTHENS MY LIFE, AND I AM THOROUGHLY ALIVE IN HIM.

TODAY we think of God as our life and realize that we are one with Him, never separated from Him, or lacking in life in any degree. We know that His Spirit animates us continually. We know that it cleanses, vitalizes, refreshes, and strengthens us. We realize that in the very midst of us is life that can never be depleted.

Cease to think of external things as giving life to you. Know that only to the extent that Spirit gives its life to these for your benefit can they be beneficial to you. Realize that God within you as your life is ever expressing Himself through you as more and more life. To know this truth is to free yourself from any belief that your life can be limited to any extent.

Let God as life represent to you whatever is necessary to make your life purer, newer, freer, or fuller. Remember that God adapts Himself to your life according to your necessity.

☛ *Thy life shall be clearer than the noonday.—JOB 11:17.*

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The Mental Equivalent



The new booklet **THE MENTAL EQUIVALENT** is now ready for mailing. Written by Emmet Fox, Truth lecturer and writer, it tells how you can build new mental equivalents and maintain them until all the good you desire is manifested in your life and affairs. This booklet brings you a practical philosophy that you can understand and apply.

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Unity School of Christianity, 917 Tracy Ave., Kansas City, Mo.

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